

DURATION	15 minutes — if it works well with your child, take as long as you want and repeat as often as you wish
AGE RECOMMENDATION	0-6; 6-10
KEY WORDS	sports, word recognition, content and language integrated learning*
LANGUAGES OF THE ORIGINAL SOURCE	English. But this activity can be used in any language.
MATERIALS NEEDED	equipment you need for playing the children's favourite sports
AIM OF THE ACTIVITY	The aims of this activity are to learn words and expressions related to sports and combine the learning with playing.
PREPARATION FOR THE ACTIVITY	None – the activities work as an inspiration to everyday activities in the family languages.
PROCEDURE	Spend time with the children teaching the basic play and rules of their favorite sports in your family language. When finished playing the sport talk about likes, funny situations or results. If necessary, say a second time or new players etc. repeat the rules but this time the children should explain the game.
SIGNIFICANT BENEFIT OF THE ACTIVITY	This activity combines movement, rules in specific languages and visible results, i.e. instant feedback.
SOURCE OF THE ACTIVITY	Idea and inspiration: Multilingualliving.com. Learning a Second Language with Dad – 10 Minutes at a Time: HTTP://WWW.MULTILINGUALLIVING.COM/2013/03/07/LEARNING-A-SECOND-LANGUAGE-WITH-DAD-10-MINUTES-AT-A-TIME/